

**Department of Psychology**  
**Bethune College, Kolkata**  
**Programme Specific Outcome (PSO) and Course Outcome (CO)**

**Name Of the Programme:** B.A./ B.Sc. Psychology Honours (Under CBCS)

**Year of Introduction:** 2018-19

**Programme Specific Outcome (PSO):**

- PSO 1 The UG course program attempts to lay down the important foundations of psychology as a scientific discipline. It encourages students to develop a scientific bent of mind while quantifying any kind of observation in their experiences.
- PSO 2 The course ranges from basic neurobiology of cognition to applied fields of psychology.
- PSO 3 Abnormal psychology is the branch of psychology that prepares students to deal with psychopathology of behaviours. Students may obtain a degree in M.Phil after completion of masters to pursue abnormal psychology as a career.
- PSO 4 Applied Social psychology is about training the students in how to identify, understand and change behaviours underlying social problems. Interventions and evaluations are also an integral part of the course curriculum that opens up avenues for students to work as social workers in NGOs.
- PSO 5 Industrial/ Organizational Psychology is a relevant field in today's times prompting students to decide their careers in the corporate world/private organizations.
- PSO 6 The all over course gives due importance to research orientation for students to conduct independent research programs in future.
- PSO 7 Training in statistical computations and techniques are given equal weightage to make students confident in handling statistics for future endeavours.
- PSO 8 Students will learn the basics of counselling, stress management, emotional management and coping that will be ultimately beneficial for them in their personal and professional lives.

## Course Outcome (CO)

### B.A./B.SC. Psychology Honours

#### Semester 1

##### **CC- 1: Introduction to Psychology**

- CO1. Students develop an understanding of the basic concepts of the field of psychology, methods of understanding human behaviour with an emphasis on applications of psychology in everyday life.
- CO2. Students learn about various cognitive aspects of psyche i.e., perception, learning, memory and also get first-hand knowledge of the same through practicum.

##### **CC-2: Statistical Methods for Psychological Research-I**

- CO1. Students develop an understanding of the use of statistical methods in psychological research
- CO2. They learn the techniques of descriptive statistics for quantitative research.
- CO3. They develop and understand the need for quantification in Psychology

#### Semester 2

##### **CC3: Biopsychology**

- CO1. Students explore the biological basis of experience and behaviour.
- CO2. They develop an understanding of the influence of behaviour, cognition, and the environment on bodily system.
- CO3. Students develop an appreciation of the neurobiological basis of psychological function and dysfunction.

##### **CC4: Psychology of Individual Differences**

- CO1. Students develop an understanding of the concept of individual differences in terms with the goal to promote self-reflection and understanding of self and others along with Indian perspective of studying self-identity.
- CO2. They study about personality and human intelligence, their bio-psycho-social foundations and various approaches of studying the same.

#### Semester 3

##### **CC5: Development of Psychological Thought**

- CO1. Students are provided with a basic introduction to the development of the discipline both from the Indian as well as western perspective
- CO2. They review the development of psychological thought and introduce the issues and debates in contemporary psychology.

#### **CC6: Psychological Research**

- CO1. Students develop an understanding of the process and the methods of quantitative and qualitative psychological research traditions.
- CO2. They learn about different methods of data collection like observation, interview, focus group discussion, psychological testing along with use of secondary data.

#### **CC7: Social Psychology**

- CO1. Students develop an understanding of the individual in relation to the social world.
- CO2. They are introduced to the realm of social influence, as to how individuals think, feel and behave in social situations

#### **SEC-A-01: Communication**

- CO1. Students learn about the concept, nature and functions of communication along with its different facets in different contexts.
- CO2. They are acquainted with the knowledge of communication in organizational context, choice of communication channel, barriers to effective communication and persuasive communication.
- CO3. They develop an understanding of applying knowledge of communication in both family and work life.

### **Semester 4**

#### **CC8: Understanding Psychological Disorders**

- CO1. Students are provided with an overview of the concept of abnormality and the symptoms and etiology of various psychological disorders.
- CO2. This understanding sensitizes the students to information on psychopathology and dispel myths regarding it.

#### **CC9: Statistical Methods for Psychological Research-II**

- CO1. Students are educated with the techniques of inferential statistics and hypothesis testing. They learn both parametric (t-test and ANOVA) and non-parametric (Chi Square) approaches of data analysis.
- CO2. Students are introduced with usage of statistical software for analysis of data.

### **CC10: Applied Social Psychology**

- CO1. Students learn about application of knowledge of social psychology in different social contexts i.e., work, health and legal system.
- CO2. Students develop an understanding of the social problems and gain knowledge about intervention strategies.

### **SEC-B-02: Stress Management**

- CO1. Students learn about concept, nature and symptoms of stress along with its various sources
- CO2. They learn how to make adjustments and manage to cope with stress in everyday life situation more effectively.

## **Semester 5**

### **CC11: Understanding and Dealing with Psychological Disorders**

- CO1. Students are introduced with the etiological understanding and therapeutic interventions for the various psychological disorders.
- CO2. They develop an understanding of how to deal with moderate to severe psychopathology.

### **CC12: Developmental Psychology**

- CO1. Learners are equipped with an understanding of the concept and process of human development across the life span
- CO2. They impart an understanding of the various domains of human development.
- CO3. They inculcate sensitivity to socio-cultural context of human development.

### **DSE-A -01: Positive Psychology**

- CO1. Students are introduced with the basic concepts of the growing approach of positive psychology.
- CO2. They understand applications of positive psychology in various domains.

### **DSE-B -03: Health Psychology**

- CO1. Students understand the relationship between psychological factors and physical health.
- CO2. They learn how to enhance well-being.

## **Semester 6**

### **CC13: Organizational Behaviour**

- CO1. Students get an understanding of human psychological factors operative in organizations.
- CO2. They develop an awareness of the concepts related to organizational behavior.
- CO3. Learners develop connectivity between concepts and practices of organizations.

### **CC14: Counselling Psychology**

- CO1. Students develop an understanding of basic concepts, processes, and techniques of Counseling.
- CO2. Learners are acquainted with the challenges of Counseling.

### **DSE-A -02: Human Resource Management**

- CO1. Students develop an understanding of the various processes and issues inherent in organizations related to human resource development and human resource management along with process of organizational development and organizational change.
- CO2. They learn about role of culture and globalization in dealing employees of multinational enterprises.

### **DSE-B -04: Community Psychology**

- CO1. Students develop an understanding of the link between individuals and communities.
- CO2. They learn how to deal with social issues more effectively with people's participation.

## **B. A. /B.SC WITH PSYCHOLOGY CORE PAPERS (GEN) / GENERIC ELECTIVE (HONS)**

## **Semester 1**

### **CC/GE-1: Foundations of Psychology**

- CO1. Students learn about psychology as a science subject, its origin along with Indian reference.
- CO2. Students are educated with the basic psychological processes like perception, learning, memory, motivation, personality and intelligence along with their applications in everyday life.

## **Semester 2**

### **CC/GE2: Introduction to Social Psychology**

- CO1. Students learn the basic concepts and history of social psychology with special reference of India.
- CO2. They learn about individual level (attitude formation and change) and group level (interpersonal attraction, prosocial behaviour, aggression) processes.

## **Semester 3**

### **CC/GE3: Psychological Disorders**

- CO1. Students develop an understanding about the concept of normality and abnormality.
- They learn about various psychological disorders (generalized anxiety disorder, obsessive compulsive disorder, major depression, bipolar I disorder and schizophrenia) along with psychological treatment.

## **Semester 4**

### **CC/GE4: Statistical Methods and Psychological Research**

- CO1. Students develop an understanding of basic statistical methods.
- CO2. They learn about psychological testing.
- CO3. They develop an understanding of qualitative methods and their uses.