



# BETHUNE COLLEGE

181, Bidhan Sarani, Kolkata-700006



**Women's Studies Centre &  
Department of Women's Studies  
in collaboration with  
the Institute of Sleep Science  
Organize a Workshop on**

*"Importance of Sleep for Women"*

**In Commemoration of International Women's Day 2024**

## Speakers

**Dr. Indrani Lodh, Gynaecologist**

**Dr. Sivaresmi Unnithan, Pulmonologist**

**Dr. Bhargavi Chatterjee, Psychiatrist**

**Somnath Maity, Director, Myofunctional Specialist,  
Institute of Sleep Sciences**

**Date: 7th March, 2024    Time : 12.30 pm    Venue: Centenary Hall**

**DR. ANUSHILA HAZRA BHATTACHARYA  
OFFICER- IN- CHARGE,  
BETHUNE COLLEGE**

**DR. NILANJANA BAGCHI  
DIRECTOR, WOMEN'S STUDIES CENTRE**